

SEPTEMBER

newsletter



Upcoming Events

- **Women's Devotions**

Saturday - September 12th
10-11:30 AM @ Falls Perk

- **Bible Journaling**

Thursday, September 14th
6:30-8 PM @ Catalyst

- **Candle Pouring**

Thursday, October 22nd
TBD @ Sugar Creek Candle Co.

Reminders

Fall Bible Study will begin September 1st!

Meeting Options:

- Tuesday Evenings | 6:00 – 8:00 PM
- Wednesday Mornings | 9:30 – 11:30 AM
- Thursday Mornings | 9:00 – 11:00 AM

This Month's Recipe

Slow Cooker Creamy Tuscan Chicken Orzo

- 1 lb boneless, skinless chicken breasts or thighs
- Salt and pepper, to taste
- 1 tsp Italian seasoning
- 4 cloves garlic, minced
- 1/2 cup sun-dried tomatoes, chopped (in oil, drained)
- 1 cup heavy cream
- 4 cups chicken broth
- 1 1/2 cups uncooked orzo pasta
- 1/2 cup grated Parmesan cheese
- 2 cups fresh spinach, roughly chopped
- Fresh basil or parsley, chopped (for garnish, optional)



Prepare the Chicken and Broth:

- Season the chicken breasts with salt, pepper, and Italian seasoning.
- Place the chicken in the slow cooker along with minced garlic, sun-dried tomatoes, and chicken broth.

Cook the Chicken:

- Cover and cook on low for 4-5 hours or high for 2-3 hours, until the chicken is tender and cooked through.

Shred the Chicken and Add Orzo:

- Remove the chicken from the slow cooker and shred it with two forks. Return the shredded chicken to the slow cooker.
- Stir in the heavy cream, Parmesan cheese, and orzo pasta.

Finish Cooking:

- Cover and cook on high for an additional 20-30 minutes, or until the orzo is tender and creamy. Stir in the fresh spinach and cook for 2-3 minutes until wilted.

Serve:

- Serve hot, garnished with fresh basil or parsley if desired.

The Women of Catalyst



Meet Noelle Boone!

Hi! My name is Noelle Boone, and I'm part of the Children's Ministry team here at

Catalyst. I specifically serve with our 4th-6th grade Wednesday night hangouts!

I've been attending Catalyst for the past two years. I first started coming with my now-husband, Gunner Boone, and his family, and I'm so thankful that Catalyst has become such a special part of our lives. I love having the opportunity to pour into the kids at Catalyst, build relationships with them, and serve our families each week!

Outside of church, I'm a second grade teacher at Lapel Elementary, and this will be my fourth year teaching. I live just outside of Pendleton in Markleville with my husband and our Aussie Shepherd, Waylon. I'm so grateful to be a part of the Catalyst family and to have the opportunity to serve our kids and families!