

AUGUST

newsletter



Upcoming Events

- **Devotions with Amy**

Saturday - August 8th - 10-11 AM
Falls Perk Coffee House

- **Coffee & Farmers Market**

Saturday - August 15th - 10 AM
Meet @ Falls Perk, then walk the
Farmers Market together

- **You-Pick Flowers**

Thursday - August 20th - 6:00 PM
Earl Grey Fields
2302 E 1000 N Pendleton, IN 46064
Register on Church Center. \$25 at the
door.

- **Bible Journaling**

Monday - September 14th - 6:30 PM
Catalyst Church

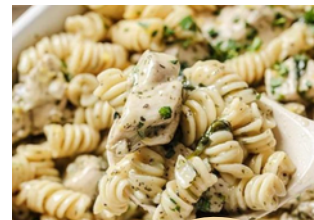
Reminders

Fall Bible Study will
begin September 9th!
Stay tuned for dates and times.

This Month's Recipe

Gluten-Free Lemon Chicken Pasta Bake

- 1 lb chicken breast, cubed (uncooked)
- 2 tsp dried parsley
- 1 tsp dried basil
- Salt and pepper
- 1 tsp onion powder
- 1 tbsp olive oil
- 8 oz gluten-free fusilli pasta
- 2 ¾ cup chicken broth
- ¼ cup lemon juice
- 2 cloves garlic, minced
- 1 cup spinach, chopped
- ¼ cup coconut cream
- Zest of one lemon
- 2 tbsp chopped parsley



Instructions

- Preheat the oven to 400 F and lightly grease a 9x13" baking dish.
- Add the chicken to a bowl and season with herbs, onion powder, and salt and pepper. Toss and top with olive oil.
- Add the uncooked pasta to the baking dish along with the seasoned chicken. Pour the broth and lemon juice and gently toss. Cover with a lid and transfer to the oven.
- Bake for 15 minutes. Remove the cover and add minced garlic. Toss again and cover. Cook for another 20-22 minutes or until the pasta is al dente and the chicken is cooked through to 165 F.
- Remove from the oven add the spinach and coconut cream. **Stir very well**, the sauce will thicken and reduce as you stir!
- Once the sauce is thick and creamy, top the pasta with lemon zest and chopped parsley and serve!

Women's Ministry Team



At Catalyst Church, our Women's Ministry exists to help women find community, grow in their faith, and have fun along the way. We love creating opportunities for women of all ages and seasons of life to connect through meaningful events, encouraging conversations, and genuine friendships. Our team is passionate about serving with joy and creating spaces where every woman feels welcomed, valued, and empowered to become all God has called her to be. We'd love for you to join us!